



RESOURCE	TYPE OF RESOURCE	TITLE
<b>WESTERN CAPE INTRANET</b> <a href="https://coronavirus.westerncape.gov.za/health-workers">https://coronavirus.westerncape.gov.za/health-workers</a>	VIDEOS	Donning and Doffing of PPE apparel
		Donning of PPE apparel
		How to remove personal protective gear
		How to wear a N95 mask
		How to remove a N95 masks
		Staying safe at home
		How to use hand sanitizer
		How to wash your hands
		Prevention methods for COVID-19
		Specimen preparation for COVID-19
		Specimen Collection for COVID-19
<b>WESTERN CAPE INTRANET</b> <a href="https://coronavirus.westerncape.gov.za/health-workers">https://coronavirus.westerncape.gov.za/health-workers</a>	PALLIATIVE CARE TRAINING VIDEOS	Transitioning from Critical care to Palliative Care
		Protecting, caring & supporting palliative care patients during COVID-19
		Providing grief and bereavement support in COVID-19
		Providing spiritual support in COVID-19
<b>KNOWLEDGE TRANSLATION UNIT (KTU)</b> <a href="https://knowledgetranslation.co.za/resources/covid-19-trainings/">https://knowledgetranslation.co.za/resources/covid-19-trainings/</a>  Data free link: <a href="https://ktuonlineschool.datafree.co">https://ktuonlineschool.datafree.co</a>	FREE ONLINE TRAINING	PACK COVID-19 Module 2 Topics covered: PPE Case 1, 2 & 3 Evolving protocols Occupational Stress Overview of PACK resources available Additional resources Thank you to Health Workers Feedback It takes on average 1h30 to complete and 2 CPD points is provided on completion